



## MONDAYS SWIM MAX

Jan 9th – Feb 6th (5wks) COST: **€100 per child**

2:30 pm	Beginner 2 (3.5yrs to 5.5yrs)
2:30 pm	Beginner 1 (3.5yrs to 5.5yrs)
3:00 pm	Intermediate 2 (5yrs to 8yrs)
3:00 pm	Intermediate 1 (6yrs to 9yrs)
3:30 pm	Beginner 2 (4yrs to 7yrs)
3:30 pm	Improver 1 (6yrs to 9yrs)

## MONDAYS CASTLETROY PARK

Jan 9th – Feb 6th (5wks) COST: **€100 per child**

3:00 pm	Beginner 2 (4yrs to 6yrs)
3:30 pm	Intermediate 2 (5yrs to 8yrs)
4:00 pm	Improver 1 (5yrs to 8yrs)
4:30 pm	Intermediate 1 (4yrs to 7yrs)
5:00 pm	Improver 2 (6.5yrs to 10yrs)
5:30 pm	Advanced 1 (7.5yrs to 11yrs)
6:00 pm	Advanced 2 (7yrs to 14yrs)

# SWIM MAX

T H E   A C A D E M Y

## MONDAYS AVISTA

Jan 9th – Feb 6th (5wks) **COST: €100 per child**

6:00 pm	Intermediate 2 (6yrs to 8yrs)
6:00 pm	Beginner 1 (5yrs to 7yrs)
6:30 pm	Improver 2 (7yrs to 10yrs)
6:30 pm	Intermediate 1 (5yrs to 8yrs)
7:00 pm	Improver 1 (6yrs to 9yrs)
7:00 pm	Beginner 2 (5yrs to 7.5yrs)
7:30 pm	Improver 2 (8yrs to 11yrs)
7:30 pm	Beginner 1 (6yrs to 8yrs)
8:00 pm	Improver 1 (7yrs to 10yrs)
8:00 pm	Intermediate 2 (7yrs to 10yrs)
8:30 pm	ADVANCED 1 (8-11yrs)
8:30 pm	BEGINNER 2 (7-10yrs)

# SWIM MAX

T H E   A C A D E M Y

## TUESDAYS SWIM MAX

Start dates Jan 3<sup>rd</sup> and 10<sup>th</sup> to Feb 7<sup>th</sup> (6wks) COST: €100 and €120

2:00 pm	BEGINNER 1 (3-5yrs) 5wk term
2:30 pm	Intermediate 1 (3.5yrs to 6.5yrs) 6wk term
2:30 pm	BEGINNER 1 (5-7rs) 5wk term
2:30 pm	BEGINNER 2 (6-8yrs) 5wk term
3:00 pm	Intermediate 2 (5yrs to 8yrs) 6wk term
3:00 pm	INTERMEDIATE 1 (6-8yrs) 5wk term
3:00 pm	BEGINNER 1 (3.5-5.5yrs) 5wk term
3:30 pm	Improver 1 (6yrs to 10yrs) 6wk term
3:30 pm	BEGINNER 2 (6-9yrs) 5wk term
3:30 pm	INTERMEDIATE 2 (6-9yrs) 5wk term

# SWIM MAX

T H E A C A D E M Y

## TUESDAYS AVISTA

from Jan 3rd, and 10th to Feb 7th (5wk and 6w terms)

**COST: €100** (5wk term) and **€120** (6wk term)

6:30 pm	Beginner 1 (3.5yrs to 6.5yrs) 6wk term	7:30 pm	Intermediate 1 (5yrs to 8yrs) 6wk term	8:30 pm	Beginner 2 (8yrs to 10yrs) 6wk term
6:30 pm	INTERMEDIATE 1 (5-7yrs) 5wk term	7:30 pm	IMPROVER 2 (8-11yrs) 5wk term	8:30 pm	IMPROVER 1 (8-11yrs) 5wk term
6:30 pm	Advanced 1 (6-8.5yrs) 5wk term	7:30 pm	INTERMEDIATE 2 (7-9.5yrs) 5wk term	8:30 pm	INTERMEDIATE 1 (7-10yrs) 5wk term
7:00 pm	Beginner 2 (5yrs to 8yrs) 6wk term	8:00 pm	Beginner 1 (7yrs to 10yrs) 6wk term		
7:00 pm	INTERMEDIATE 2 (6-8.5yrs) 5wk term	8:00 pm	ADVANCED 1 (7-10yrs) 5wk term		
7:00 pm	Intermediate 1 (6-9yrs) 5wk term	8:00 pm	BEGINNER 2 (8-10yrs) 5wk term		



## WEDNESDAYS SWIM MAX

Jan 4th - Feb 8th (6wks) **COST: €120**

3:00 pm	BEGINNER 1 (3-5yrs)
3:30 pm	BEGINNER 2 (5-8yrs)
4:00 pm	INTERMEDIATE 1 (6-9yrs)
4:30 pm	INTERMEDIATE 2 (7-10yrs)
5:00 pm	IMPROVER 1 (7-10yrs)
5:30 pm	IMPROVER 2 (8-11yrs)
6:00 pm	ADVANCED 1 (8-11yrs)
6:30 pm	BEGINNER 1 (5-7yrs)
7:00 pm	BEGINNER 2 (6-9yrs)
7:30 pm	INTERMEDIATE 1 (7-10yrs)



## WEDNESDAYS RADISSON

Jan 4th - Feb 8th (6wks) **COST: €120**

3:00 pm	BEGINNER 1 (4-6yrs)
3:30 pm	INTERMEDIATE 2 (6-9yrs)
4:00 pm	INTERMEDIATE 1 (5-8yrs)
4:30 pm	IMPROVER 1 (6-10yrs)
5:00 pm	ADVANCED 1 (8-12yrs)
5:30 pm	INTERMEDIATE 2 (7-10yrs)
6:00 pm	INTERMEDIATE 1 (5-7yrs)
6:30 pm	ADVANCED 1 (7-10yrs)
7:00 pm	ADVANCED 2 (8-12yrs)



## WEDNESDAYS CASTLETROY PARK

Jan 4th - Feb 8th (6wks) COST: €120

3:00 pm	Beginner 2 (3.5yrs - 5.5yrs)
3:30 pm	Improver 2 (6yrs to 10yrs)
4:00 pm	Improver 1 (7yrs to 10yrs)
4:30 pm	Intermediate 1 (5.5yrs - 8.5yrs)
5:00 pm	Improver 1 (6yrs - 9yrs)
5:30 pm	Intermediate 1 (5.5yrs - 7.5yrs)
6:00 pm	Improver 2 (7.5yrs - 10yrs)
6:30 pm	Improver 1 (8yrs - 11yrs)

## THURSDAYS AVISTA

from Jan 5<sup>th</sup>, and 12<sup>th</sup> to Feb 9<sup>th</sup> (5wk and 6wk terms)

**Cost: €100** (5wk term) and **€120** (6wk term)

6:00 pm	Intermediate 2 (6yrs to 10yrs) 6wk term
6:00 pm	BEGINNER 2 (5-8yrs) 5wk term
6:30 pm	Intermediate 1 (5yrs to 8yrs) 6wk term
6:30 pm	INTERMEDIATE 2 (6-9yrs) 5wk term
7:00 pm	Beginner 2 (4.5yrs to 8yrs) 6wk term
7:00 pm	INTERMEDIATE 1 (6-9yrs) 5wk term
7:30 pm	Intermediate 2 (6yrs to 9yrs) 6wk term
7:30 pm	IMPROVER 1 (6.5- 10yrs) 5wk term
8:00 pm	Improver 2 (7yrs to 12yrs) 6wk term
8:00 pm	ADVANCED 2 (8-11yrs) 5wk term



# SWIM MAX

T H E   A C A D E M Y

## THURSDAYS SWIM MAX

from Jan 5<sup>th</sup>, and 12<sup>th</sup> to Feb 9<sup>th</sup> (5wk and 6wk terms)

**Cost: €100** (5wk term) and **€120** (6wk term)

2:00 pm	BEGINNER 1 (5-7yrs) 6wk term
2:00 pm	BEGINNER 1 (3-5yrs) 5wk term
2:30 pm	INTERMEDIATE 1 (6-9yrs) 5wk term
2:30 pm	BEGINNER 2 (4-6yrs) 6wk term
3:00 pm	BEGINNER 1 (3-5yrs) 5wk term
3:00 pm	IMPROVER 1 (5.5-8yrs) 6wk term
3:30 pm	INTERMEDIATE 2 (7-10yrs) 5wk term
3:30 pm	ADVANCED 2 (8-11yrs) 6wk term
4:00 pm	IMPROVER 1 (7-10yrs) 5wk term
4:00 pm	INTERMEDIATE 1 (7-9yrs) 6wk term

# SWIM MAX

T H E   A C A D E M Y

## FRIDAYS SWIM MAX

from Jan 6th, and 13th to 10th Feb (5wk and 6wk terms)

**COST: €100** (5wk) and **€120** (6wk)

2:00 pm	Beginner 2 (5yrs to 7yrs) 6wk term
2:00 pm	BEGINNER 1 (3-5yrs) 5wk term
2:30 pm	Intermediate 2 (5yr to 8yrs) 6wk term
2:30 pm	BEGINNER 2 (4-6yrs) 5wk term
3:00 pm	Improver 2 (7yrs to 10yrs) 5wk term
3:00 pm	Intermediate 1 (4yrs to 8yrs) 6wk term
3:30 pm	IMPROVER 1 (8-11yrs) 6wk term
3:30 pm	INTERMEDIATE 1 (5-7yrs) 5wk term

# SWIM MAX

T H E   A C A D E M Y

## FRIDAYS AVISTA

from Jan 6th, and 13th to 10th Feb

**COST: €100 (5wk) and €120 (6wk)**

5:30 pm	BEGINNER 1 (4-6yrs) 6wk term	6:30 pm	IMPROVER 1 (8-11yrs) 6wk term	7:30 pm	IMPROVER 2 (8-11yrs) 5wk term
5:30 pm	INTERMEDIATE 1 (4.5-7yrs) 5wk term	6:30 pm	INTERMEDIATE 1 (5-8yrs) 5wk term	7:30 pm	IMPROVER 1 (8-11yrs) 5wk term
5:30 pm	INTERMEDIATE 2 (6-9yrs) 5wk term	6:30 pm	BEGINNER 2 (6-9yrs) 5wk term	8:00 pm	INTERMEDIATE 1 (8-12yrs) 6wk term
6:00 pm	BEGINNER 2 (5-7yrs) 6wk term	7:00 pm	BEGINNER 2 (5-8yrs) 6wk term	8:00 pm	IMPROVER 1 (7-10yrs) 5wk term
6:00 pm	INTERMEDIATE 2 (6-9yrs) 5wk term	7:00 pm	INTERMEDIATE 2 (5-8yrs) 5wk term	8:00 pm	ADVANCED 2 (8-12yrs) 5wk term
6:00 pm	INTERMEDIATE 1 (5-7yrs) 5wk term	7:00 pm	INTERMEDIATE 2 (8-10yrs) 5wk term		

# SWIM MAX

THE ACADEMY

## SATURDAYS SWIM MAX

from Jan 7th, and 14th to Feb 11th  
**COST: €100 (5wk term) and €120 (6wk term)**

9:00 am	BEGINNER 1 (3-5yrs) 6wk term	11:00 am	Beginner 1 (4yrs to 6yrs) 6wk term	12:00 pm	BEGINNER 1 (4-6yrs) 6wk term
9:30 am	Intermediate 1 (5yrs to 7yrs) 6wk term	11:00 am	IMPROVER 2 (8-10yrs) 6wk term	12:30 pm	Beginner 1 (3.5yrs to 5.5yrs) 5wk term
9:30 am	ADVANCED 1 (6-9yrs) 6wk term	11:30 am	Improver 1 (8yrs to 11yrs) 6wk term	12:30 pm	IMPROVER 1 (6-9yrs) 6wk term
10:00 am	Improver 2 (6yrs to 8yrs) 6wk term	11:30 am	BEGINNER 2 (5-7yrs) 6wk term	12:30 pm	INTERMEDIATE 1 (6-8yrs) 5wk term
10:00 am	BEGINNER 1 (4-6yrs) 6wk term	12:00 pm	Advanced 1 (7yrs to 11yrs) 6wk term	1:00 pm	Improver 1 (6yrs to 8yrs) 6wk term
10:30 am	Improver 1 (7yrs to 10yrs) 6wk term	12:00 pm	BEGINNER 2 (6-8yrs) 6wk term	1:00 pm	BEGINNER 1 (6-9yrs) 6wk term
10:30 am	INTERMEDIATE 1 (7-9yrs) 6wk term	12:00 pm	BEGINNER 1 (4-6yrs) 6wk term	1:00 pm	BEGINNER 2 (8-10yrs) 5wk term

2:00 pm	ADVANCED 1 (7-11yrs) 5wk term	4:30 pm	INTERMEDIATE 2 (7-9yrs) 6wk term
2:30 pm	BEGINNER 2 (7-10yrs) 5wk term	4:30 pm	BEGINNER 2 (7-9yrs) 5wk term
3:00 pm	IMPROVER 2 (8-12yrs) 5wk term	5:00 pm	Improver 2 (7yrs - 9yrs) 6wk term
3:30 pm	INTERMEDIATE 2 (7-10yrs) 5wk term	5:00 pm	BEGINNER 1 (3-5yrs) 6wk term
4:00 pm	Beginner 1 (5yrs - 7yrs) 6wk term	5:30 pm	Beginner 2 (5yrs to 8yrs) 6wk term
4:00 pm	INTERMEDIATE 1 (5-7yrs) 6wk term	5:30 pm	INTERMEDIATE 2 (8-10yrs) 6wk term
4:00 pm	IMPROVER 2 (7-9yrs) 5wk term	6:00 pm	Advanced 1 (9yrs to 12yrs) 6wk term
		6:00 pm	INTERMEDIATE 1 (7-9yrs) 6wk term

# SWIM MAX

T H E   A C A D E M Y

## SUNDAYS AVISTA

Jan 8th to Feb 12th (6wks) **COST: €120**

9:00 am	INTERMEDIATE 2 (6-8yrs)
9:00 am	PRE DEVELOPMENT (8-11yrs)
9:30 am	INTERMEDIATE 1 (5-7yrs)
9:30 am	BEGINNER 2 (4.5-6.5yrs)
10:00 am	BEGINNER 1 (3-5yrs)
10:00 am	ADVANCED 1 (8-11yrs)
10:30 am	IMPROVER 1 (7-10yrs)
10:30 am	BEGINNER 2 (4.5-6.5yrs)
11:00 am	ADVANCED 2 (7-11yrs)
11:00 am	BEGINNER 1 (4-6yrs)
11:30 am	BEGINNER 2 (4.5-6.5yrs)
11:30 am	INTERMEDIATE 1 (6-8yrs)

12:00 pm	INTERMEDIATE 1 (6-8yrs)
12:00 pm	INTERMEDIATE 2 (6-8yrs)
12:30 pm	BEGINNER 1 (4-6yrs)
12:30 pm	IMPROVER 1 (7-10yrs)
1:00 pm	BEGINNER 1 (3-5yrs)
1:00 pm	ADVANCED 1 (8-11yrs)
2:30 pm	IMPROVER 2 (6-9yrs)
2:30 pm	BEGINNER 2 (5.5-7.5yrs)
3:00 pm	INTERMEDIATE 1 (5-7yrs)
3:00 pm	INTERMEDIATE 2 (7-9yrs)
3:30 pm	BEGINNER 1 (4-6yrs)
3:30 pm	IMPROVER 2 (8-11yrs)
4:00 pm	IMPROVER 1 (6-9yrs)
4:00 pm	INTERMEDIATE 2 (8-10yrs)
4:30 pm	BEGINNER 2 (5.5-7.5yrs)
4:30 pm	IMPROVER 2 (6-9yrs)